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Kilimanjaro Climb Day by Day Itinerary

DATE	ACCOMMODATIONS	ACTIVITIES
Day 1	Travel Day	International Travel. For many people acclimatization begins on the airplane - the cabin pressure of a commercial plane is equivalent to 6,000 feet above sea level.
Day 2	Dik Dik Hotel Arusha	After a days journey by air, you arrive in Tanzania at Kilimanjaro Airport. (If you feel like you have landed in another world, you have.) At Kilimanjaro, your mountain guide will greet you upon arrival with a sign that has your name on it. You will drive out from the airport to the Dik Dik Hotel. Dinner will be served shortly after we arrive. Dinner and overnight at Dik Dik Hotel.
Day 3	Dik Dik Hotel Arusha	Breakfast at the Dik Dik Hotel. Visit Arusha National Park to view wild animals, such as buffalo, wildebeests, dik-diks, giraffes, and various primates. Return to your hotel for a late lunch and relaxation. Before dinner meet with your guide to begin your briefings and gear check. He will check your climbing gear just to make sure you have left nothing behind: warm clothes, water bottles, sunscreen, eye protection, and your hat. We'll make sure you have all the essentials for your comfort and protection before you go. Did you forget something? Your guide will find one before you start. Enjoy dinner with your climbing group at the Dik Dik Hotel. Breakfast, lunch, and dinner. Overnight at Dik Dik Hotel.
Day 4	Overnight at Machame Camp Approximately 10,000 feet Approximately 3,000 meters Hiking Time: 5 to 6 hours Distance: miles	Breakfast at the Dik Dik Hotel. Drive from Arusha to Machame Park gate. Before you arrived we checked and rechecked our mountain gear. The radios are operative. The oxygen tanks are full and functioning. The hyperbaric bag is tested and functioning and the oxymeter has been checked and packed. The food, shelter, cookware, water filter, and dishes are all packed and ready to go. Our porters will carry all but your water bottle, jacket and camera. Once you arrive at the trail head your guide will introduce you to your climbing crew and his assistant guide. Begin with a gentle climb up through the original montane forest carpeted with unique "busy lizzie" flowers, begonias, and ferns. Lunch on the way with dinner and overnight at Machame Camp.
Day 5	Overnight at Shira Camp Approximately 11,300 feet Approximately 3,444 meters Hiking Time: 4 to 6 hours Distance: 5.5 miles	You'll enjoy a 4 to 6 hour walking safari that takes you through the shrubby heather zone. While hiking, you may see herds of eland, and even the occasional lion. Also, there are fascinating geological features in the old volcanic caldera which can be viewed during a half-hour optional walk in the afternoon. Shira Camp is at a confluence of trails. Other parties may be camping here. Breakfast, lunch, and dinner.
Day 6	Overnight at Barranco Camp Approximately 12,900 feet Approximately 3,950 meters Hiking Time: 5 to 7 hours Distance: 5 miles	Arise early enough to enjoy a mountain sunrise. After breakfast you will trek towards the main peak, with the western glaciers clearly visible across the rugged high-altitude desert to volcanic rocks and boulders. Skirting around its base and under the imposing Western Breach, descend into the sheltered Barranco Valley for mid-way camp. At this latitude, it is the southern side of the mountain that is cooler and more glaciated. You are entering the arctic zone, a place of boulders, lichens, and ice. The rarefied elevation is where experience pays off. It is assuring to know that your guide has scaled this peak over 100 times. Now you'll begin learning from an expert the mountaineering

secrets that lead to safety and summit success. Remember how the safety gear was packed before you arrived? Now is the time for your guide to break it out and show you how it works. We demonstrate every aspect of mountain safety here. Your guide, a certified mountain medic, will brief you on every detail of how to keep your journey safe.

We hope you'll begin to notice that your guide is more than just a guide. He is an outdoor philosopher, a mentor, and a gifted coach.

Breakfast, lunch, and dinner.

Day 7	Overnight at Karanga Camp Approximately 12,700 feet Approximately 3,800 meters Hiking Time: 3 to 4 hours Distance: 2.5 to 3 miles	Today you will climb the steep Barranco Wall which includes some sections of very easy scrambling and drop down again to the Karanga Valley. This is a short walking day, 3 to 4 hours, with an optional acclimatization hike in the afternoon, up onto the scree below the glaciers.
Day 8	Overnight at Barafu Camp Approximately 15,200 feet Approximately 4,750 meters Hiking Time: 4 to 5 hours Distance: 4 miles	Up to Barafu camp, perched high on a rocky bluff. You will gain fantastic views across to Mawenzi peak. Today is another short walking day, with less exertion and a good rest in the afternoon before summit day! Don't expect to have a lot of energy at this altitude. Most people simply rest for tomorrow's ascent. You can sleep well tonight knowing that your guides are awake. They will take turns monitoring the camp all night long so that everyone is safe, comfortable, and well rested. Weather permitting, the sunset should be stunning.
Day 9	Summit at 19,340 feet Summit at 5,894 meters Overnight at the oxygen rich Mweka Camp at 10,000 feet Mweka Camp at 3,000 meters Hiking Time: 7 to 10 hours Distance: 7 miles	Arise around midnight. Enjoy breakfast and start to climb the steep frozen scree. This is unavoidable on any route. We aim to reach Stella Point on the crater rim for sunrise – another 40 minutes and you're at the highest point on the continent. You made it! You will celebrate at the summit with a snack and photographs. After the summit, a welcome, but long, downhill hike awaits. Begin descent over 2 -3 hours back to Barafu camp for lunch. After lunch, continue trek descent over 3 – 5 hours to Mweka Camp on the southern slopes of the mountain. This is a long hard day but you will feel absolutely ecstatic when you have finished. Enjoy dinner and a good night's rest.
Day 10	Dik Dik Hotel Hiking Time: 4 to 5 hours Distance: 6 miles	Breakfast, lunch, and dinner. A morning descent through the forest brings us to Mweka Gate where you collect your certificate and meet the see the welcome site of our Toyota Land Cruisers. Arrive back at the Dik Dik Hotel for lunch. After lunch, you will have time for a hot shower, packing for your evening flight. Early dinner with transport to Kilimanjaro Airport for departure home.
Day 11	Travel Day	International Travel

CUSTOM SAFARI EXTENSIONS AVAILABLE

INCLUDED IN YOUR KILIMANJARO CLIMB

- Experienced mountain guide with Wilderness Medicine Certification (over 75 summits)
- Mountain climbing orientation before your climb
- Transportation to and from Kilimanjaro Airport
- All meals
- All park and entrance fees
- Unlimited filtered water throughout your climb
- All trip staff and group equipment
- Enrollment with Flying Doctors Evacuation Service or Knight Support Evacuation Service
- Contribution to Kilimanjaro Porters Assistance Project, the only charitable foundation advocating for the rights and proper treatment of porters working on Kilimanjaro
- All in-country transportation
- Extensive pre-departure program including training and conditioning program, reading list, health information, and map
- Training tips prior to your climb

EXCLUDED FROM YOUR KILIMANJARO CLIMB

- Alcohol and beverages at lodges
- Gratuities

2009 GROUP DEPARTURE DATES

- February 14 – February 24, 2009
- August 14 – August 24, 2009

2008 AND 2009 GROUP DEPARTURE PRICING

- \$4,599 each
- Single Supplement \$250

Arrivals and departures out of Kilimanjaro International Airport. Prices do not include international air travel.

2008 AND 2009 CUSTOM DEPARTURE DATES

Schedule as you wish January through March and May through December.

2008 AND 2009 CUSTOM DEPARTURE DATES

- 2 or more persons \$4,999 each
- 4 or more persons \$4,799 each
- Single Supplement \$250

Arrivals and departures out of Kilimanjaro International Airport. Prices do not include international air travel.